

A Message from Jacqueline DuPont

Dear Families and Friends,

Thank you to everyone who helped out with our “Star Wars, May the 4th Be with You” Employee party. Every manager gave out funny and significant awards to their employees. It was so much fun! All the employees really enjoyed themselves. Memorial Day was celebrated with a wonderful BBQ, and Pinning Ceremony for all of our Vista Gardens Veterans, It was great to see you all there. I also want to thank everyone who attended Rebecca’s baby shower. She enjoyed your gifts and wishes of kindness. We all hope and pray she has a safe delivery. Our Culinary Director, Nikki Myrick will be returning from her maternity leave on Tuesday, May 30. Please welcome her back! Chef Dee will also remain on our dietary team.

As a reminder, every other Tuesday at 12:30, our massage therapist Maria will be here. Be sure to let the front desk know if your loved one would enjoy a massage. It is complimentary. Our Father’s Day celebration is really looking exciting! A car show and fun Ice Cream truck, sponsored by Apreva Hospice, and picnic supper are in the works! I hope to see you there too.

We are creating new centerpieces for our Dining Room tables using succulents. If you have any specimens from your gardens that you’re willing to share, our staff can work with our residents to make beautiful centerpieces. Please let Mara Carney or myself know if you have any.

Again, I wanted everyone to know, if you notice anything missing, Please make sure you contact Easter Sialoi, she is our Search Team leader! Please let her or myself know. I hope everyone has a lovely Month of June.

Best Regards,
Jacqueline Dupont

Summer Reminder

Now that the warmer weather is upon us and summer is around the corner, we’d like to remind families to bring hats, sunglasses and sunscreen for loved ones.

Additionally, to lessen the chances of residents experiencing heat related illnesses, please assist us by removing winter coats and warmer clothing from closets and replacing them with seasonal choices.



Your loved one’s safety and well-being is always our priority!

A Mother’s Day Tea to Remember



Out & About in June

Thursday. June 1st
Senior Picnic at RB Park

Tuesday. June 6th
Mission San Luis Rey

Wednesday. June 14th
Butterfly Gardens

Wednesday. June 21st
Lake Poway

Wednesday. June 28th
Picnic at Bucaneer Park



Scenic drives are held on
Tuesdays for residents
on the Upper Level and
Thursdays for residents
on our Garden Level.

Alzheimer's Support Meeting

*Caring for a loved one can be isolating and
overwhelming but you are not alone...*

ALZHEIMER'S SAN DIEGO SUPPORT AND DISCUSSION GROUP

Facilitated by Sandy Braff, MFT

**Every Thursday
from 1:30 - 3:30 pm**

Build relationships

Learn from others

Develop new coping strategies

Find comfort and strength

Compassionate safe environment

Monthly educational speaker

Vista Gardens

1863 Devon Place
Vista, CA 92084
760-295-3900

www.vistagardensmemorycare.com

Your Management Team

Joe Balbas

Licensee, Board Member

Dr. Jacqueline DuPont

Gerontologist, Executive Director

Evelyn Delgado

Administrator

Kelly Taylor

Resident Services Director

Elsy Ayache

Director of Sales & Marketing

Sara Grover

Human Resources Manager

Stephanie Morgan

Community Relations Director

Mara Carney

Activity Director

Nikki Myrick

Culinary Director

Easter Sialoi

Staff Development Manager

Rachel McIntyre

Resident Services Coordinator

Matthew Shakarjian

Environmental Services Manager

Vista Gardens
MEMORY CARE COMMUNITY

1863 Devon Place

Vista, CA 92084

Phone (760) 295-3900

Fax (760)-330-9645

www.vistagardensmemorycare.com

RFCE # 374603152

Editor:

Mara Carney

Activity Director

Happy June Birthday!

Happy Birthday

Residents

6/1 Sandra C. 6/16 Dieter L.
6/18 Emma R. Harold B.
6/27 Audrey W. 6/29 Mary Scott

Staff

6/4 Evelyn D., Nancy T. 06/09 Erin G.
6/10 Rebecca B., Heather R.
6/15 Diana R. 6/16 Sister T.
6/19 Maria T., Josefina E.
6/23 Pedro E. 6/26 Elsy A.
06/27 Maria M. 6/29 Mireya T.

Welcome New Residents!



To Our Vista Gardens Family!

Marjorie A.
Gloria D.
Jane G.
Carmela M.
Linda N.

We're very happy to meet you!

Relax and Enjoy!

Massages by Maria

Every other Tuesday
between 12:30 and 4pm



See our Receptionist to schedule
an appointment.

There is no charge for this service.

Employee Spotlight

*Employee of the Month:
June 2017*

Carmen Hernandez

Housekeeper

We appreciate Carmen's hard work, positive
attitude and team spirit.

Congratulations!

Garden Level Update

Residents in our Garden Level have been very busy baking cookies, painting and picking our vegetables. Becca, our Garden Level Activity leader has been coordinating a full day of fun and involvement for our residents. We had fun celebrating with her at her Baby Shower and our residents loved the goodies and reminiscing as all the gifts were opened. While Becca is on her Maternity leave, Mara Sialoi our Garden Level med-tech will be leading the daily activities. Best of luck, Becca, as you welcome your new baby boy!



Resident Spotlight

*This month our spotlight is on
Mercy Deerson*

Mercy was born and raised in New Zealand in an area she remembers fondly as the "mud flats". She tells stories about playing on the ships that were moored on the beach behind her home. She recalls adventures with her father, a newspaper photographer as she accompanied him on assignments. Mercy currently lives here with husband Phelps. They met while he was in New Zealand with the Air Force. Her passions are exploring nature, and collecting treasures from her daily walks in the garden and on weekly outings. Mercy's sense of adventure and positive outlook inspire all who meet her.



You're invited to our celebration!

Vista Gardens
Father's Day Picnic
and Vintage Auto Show
Friday, June 16th



Ice Cream Truck: 2-4 pm

Sponsored by Apreva Hospice

Car Show: 3-5 pm



Patio Picnic: 4-5 pm

Please RSVP

by Tuesday, June 13th

760-295-3900

Guest Meal: \$10 per person

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p><u>Location Key</u></p> <p>B – Bus CC – Community Center Ch – Chapel CS – Country Store DR - Dining Room G – Outdoor Gardens L – Library LR- Living Room P – Patio Pb – Pub</p>	<p><u>Resident Birthdays</u> 6/1 Sandra C. 6/16 Dieter L. 6/18 Emma R. Harold B. 6/27 Audrey W. 6/29 Mary Scott</p> <p><u>Staff Birthdays</u> 6/4 Evelyn D., Nancy T. 06/09 Erin G. 6/10 Rebecca B., Heather R. 6/15 Diana R. 6/16 Sister T. 6/19 Maria T., Josefina E. 6/23 Pedro E. 6/26 Elsy A. 06/27 Maria M. 6/29 Mireya T.</p>	<p><u>Worship Services / Programs</u></p> <p><u>Sundays</u> Calvary Oceanside: 10 am Community Center</p> <p><u>Tuesdays</u> Bible Stories: 3 pm, Pub</p> <p><u>Thursdays</u> Catholic Communion: 9:30 am Chapel</p>	<p>1</p> <p>9:00 Picnic at RB Community Park 9:15 Breakfast Club / Exercise L 9:30 Catholic Communion Ch 1:15 Watercolor Painting Class CC 3:00 Lobby Piano 3:00 Name that Car Pb 6:00 Game Night LR</p>	<p>2</p> <p>9:15 Breakfast Club / Exercise L 10:00 Beauty Hour CC 10:30 Balloon Toss CC 12:30 Patio Music / Gardening 1:00 Cards & Games L 3:00 Friday Songfest w/ Musicstation 5:30 Lobby Games w/Pauli LR</p>	<p>3</p> <p>9:15 Breakfast Club / Exercise L 10:00 Move to the Music CC 11:30 Garden Level Picnic Lunch G 12:30 Patio Music / Walking Club 1:00 Bananagrams / Monopoly L 3:00 Lobby Piano L 6:00 Lobby Social LR</p>
<p>4</p> <p>9:15 Breakfast Club / Exercise Pb 10:00 Worship w/Calvary Oceanside CC 12:30 Patio Music 1:00 Sunday Matinee Pb 2:00 Cook's Corner w/ Roxanne CC 3:00 Lobby Piano 5:30 Lobby Social LR</p>	<p>5 Beauty Salon Day</p> <p>9:15 Breakfast Club / Exercise L 10:00 Beauty Hour CC 1:00 Scenic Drive: Garden Level 1:00 Resident Council Meeting L 2:00 Color Therapy CC 3:00 Candy Bingo L 5:30 Lobby Games w/Pauli LR</p>	<p>6</p> <p>9:15 Breakfast Club / Exercise L 10:00 Balloon Toss CC 12 – 4 Massages by Maria 12:45 Outing: Mission San Luis Rey 3:00 Bible Stories Pb 3:30 Scrabble / Trivia L 5:30 Bingo Night LR</p>	<p>7</p> <p>9:15 Breakfast Club L 10:00 Morning Manicures CC 12:30 Patio Music / Walking Club 12:45 Scenic Drive 2:00 Table Games / Puzzles CC 3:00 Candy Bingo L 5:30 Lobby Games w/Pauli LR</p>	<p>8</p> <p>9:15 Breakfast Club / Exercise L 9:30 Catholic Communion Ch 12:30 Patio Music / Walking Club 1:15 Watercolor Painting Class CC 3:00 Lobby Piano 3:00 Travel Express Pb 6:00 Game Night LR</p>	<p>9</p> <p>9:15 Breakfast Club / Exercise L 10:00 Smile Awhile Pb 10:15 Art Class with Denise CC 12:30 Patio Music / Gardening 1:00 Cards & Games L 3:00 Friday Songfest w/ Celeste 5:30 Lobby Games w/Pauli LR</p>	<p>10</p> <p>9:15 Breakfast Club / Exercise L 10:30 Tammy & Friends LR 11:30 Garden Level Picnic Lunch G 12:30 Patio Music / Walking Club 1:30 Hula Ministry LR 6:00 Lobby Social LR</p>
<p>11</p> <p>9:15 Breakfast Club / Exercise Pb 10:00 Worship w/Calvary Oceanside CC 12:30 Patio Music 1:00 Sunday Matinee Pb 2:00 Cook's Corner w/ Roxanne CC 5:30 Lobby Social LR</p>	<p>12 Beauty Salon Day</p> <p>9:15 Breakfast Club / Exercise L 10:00 Beauty Hour CC 12:30 Patio Music / Walking Club 1:30 Travel Express Pb 2:00 Color Therapy CC 3:00 Candy Bingo L 5:30 Lobby Games w/Pauli LR</p>	<p>13</p> <p>9:15 Breakfast Club L 10:00 Sit Down Dancing CC 12:30 Patio Music / Walking Club 12:45 Scenic Drive 1:00 Color Therapy CC 3:00 Bible Stories Pb 5:30 Bingo Night LR</p>	<p>14 Flag Day</p> <p>9:15 Breakfast Club / Health Chat 10:00 Morning Manicures CC 12:30 Patio Music / Walking Club 12:45 Outing: Butterfly Gardens 2:00 Travel Express Pb 3:00 Candy Bingo L 5:30 Lobby Games w/Pauli LR</p>	<p>15</p> <p>9:15 Breakfast Club / Exercise L 9:30 Catholic Communion Ch 1:00 Scenic Drive: Garden Level/TLC 1:30 Uno Card Game L 3:00 Lobby Piano 3:00 Today's Brain Life Pb 6:00 Game Night LR</p>	<p>16</p> <p>9:15 Breakfast Club / Exercise L 10:00 Beauty Hour CC 12:30 Patio Music / Gardening 2:00 Ice Cream Truck 3:00 Car Show 4:00 Father's Day BBQ</p>	<p>17</p> <p>9:15 Breakfast Club / Exercise L 10:00 Seated Stretch CC 11:30 Garden Level Picnic Lunch G 1:00 Bananagrams / Monopoly L 3:00 Lobby Piano / 3:00 Saturday Bingo L 6:00 Lobby Social LR</p>
<p>18 Father's Day</p> <p>9:15 Breakfast Club / Exercise Pb 10:00 Worship w/Calvary Oceanside CC 12:30 Patio Music 1:00 Sunday Matinee Pb 2:00 Cook's Corner w/ Roxanne CC 3:00 Lobby Piano 5:30 Lobby Social LR</p>	<p>19 Beauty Salon Day</p> <p>9:15 Breakfast Club / Exercise L 10:00 Beauty Hour CC 12:30 Patio Music / Walking Club 1:30 Let's Stretch CC 2:00 Color Therapy CC 3:00 Candy Bingo L 5:30 Lobby Games w/Pauli LR</p>	<p>20</p> <p>9:15 Breakfast Club L 10:00 Balloon Toss CC 12:30 – 4 Massages by Maria 12:45 Scenic Drive 2:00 Monopoly Club 3:00 Bible Stories Pb 5:30 Bingo Night LR</p>	<p>21 First Day of Summer</p> <p>9:15 Breakfast Club / Health Chat 10:00 "Our June History" CC 12:30 Patio Music / Walking Club 12:45 Outing: Lake Poway 2:00 Table Games / Puzzles CC 3:00 Candy Bingo L 5:30 Lobby Games w/Pauli LR</p>	<p>22</p> <p>9:15 Breakfast Club/ Exercise L 9:30 Catholic Communion Ch 12:30 Patio Music / Walking Club 1:00 Scenic Drive: Garden Level/TLC 1:15 Watercolor Painting Class CC 3:00 Lobby Piano 6:00 Game Night LR</p>	<p>23</p> <p>9:15 Breakfast Club / Exercise L 10:00 Beauty Hour CC 12:30 Patio Music / Gardening 1:00 Cards & Games L 2:30 Patio Root Beer Floats 5:30 Lobby Games w/Pauli LR</p>	<p>24</p> <p>9:15 Breakfast Club / Exercise L 10:30 Music & Movement CC 11:30 Garden Level Picnic Lunch G 12:30 Patio Music / Walking Club 1:00 Bananagrams / Monopoly L 3:00 Lobby Piano L</p>
<p>25</p> <p>9:15 Breakfast Club / Exercise Pb 10:00 Worship w/Calvary Oceanside CC 12:30 Bananagrams L 1:00 Sunday Matinee Pb 2:00 Cook's Corner w/ Roxanne CC 3:00 Lobby Piano 5:30 Lobby Social LR</p>	<p>26 Beauty Salon Day</p> <p>9:15 Breakfast Club / Exercise L 10:00 Beauty Hour CC 12:30 Patio Music / Walking Club 1:30 Let's Stretch CC 2:00 Color Therapy CC 3:00 Candy Bingo L 5:30 Lobby Games w/Pauli LR</p>	<p>27</p> <p>9:15 Breakfast Club/ Exercise L 10:00 Sit Down Dancing CC 12:30 Patio Music / Walking Club 12:45 Scenic Drive 1:00 Travel Express Pb 3:00 Bible Stories P 5:30 Bingo Night LR</p>	<p>28</p> <p>9:15 Breakfast Club /Health Chat 10:00 Morning Manicures CC 12:30 Patio Music / Walking Club 11:30 Picnic at Buccaneer Park 2:00 Songs Across America Pb 3:00 Candy Bingo L 5:30 Lobby Games w/Pauli LR</p>	<p>29</p> <p>9:15 Breakfast Club / Exercise L 9:30 Catholic Communion Ch 1:00 Scenic Drive: Garden Level/TLC 12:30 Patio Music / Walking Club 1:15 Watercolor Painting Class CC 3:00 Lobby Piano 6:00 Game Night LR</p>	<p>30</p> <p>9:15 Breakfast Club / Exercise L 10:00 Beauty Hour CC 10:30 Balloon Toss CC 1:00 Cards & Games L 3:00 Friday Songfest w/ Cowboy Jack 5:30 Lobby Games w/Pauli LR 8:00 Movie Under the Stars P</p>	

Changes to the Program Calendar may occur and will be announced as soon as possible. Snacks are accessible throughout the day. A variety of independent leisure pursuits are available daily. Outdoor walks are encouraged daily and outdoor access is always available.