

A Message from Jacqueline DuPont

Dear Families,

Thank you all so much for the donations of candy, cookies, clothing, sun glasses, medical supplies and so much more for the people of Piura, Peru. The children and families are really going to be thrilled with all the thoughtful and generous donations from Vista Gardens!

April is going to be a fun filled month, full of Spring energy. We have the Easter-Spring Brunch, Egg Hunt on Sunday, April 1st and fun entertainers every Friday! Our new Activity team members have new crafts, gardening ideas and games to engage our residents.

I sincerely appreciate your nice emails complementing our staff! We are so thrilled with your gratitude and they feel so appreciated. Thank you! Please email me ever if you feel a staff member needs recognition or you feel thankful. We will make sure they get a nice appreciation gift of gratitude.

Our new Dining Room table cloths have arrived and have brightened the room. Residents have noticed and appreciated the improvement! Our chairs, however, are taking a little while longer than we anticipated. I will let you know when they arrive.

Our resident of the month for April is Kathleen Horton. Please take some time to read about her interests and life history. Have a wonderful April and I will see you April 9th.

Best,

Jacqueline Dupont Carlson

Savvy Caregiver Class

“The Savvy Caregiver”

is an evidence-based, 12-hour educational series provided over a six-week period for family members caring for a loved one with Alzheimer’s disease and related dementias.

**Held on Wednesdays,
April 4 through May 9
10:00 a.m. to 12:30 p.m.**

*at Vista Gardens
1863 Devon Place
Vista, CA 92084*

*Light refreshments served.
Free respite care can be arranged
for those attending these classes.*

Alzheimer’s
ORANGE COUNTY

Reservations required.

please call: **844-373-4400**

Favorite Photos



Save the Date

Mother's Day Brunch

Saturday, May 12th
11:30 am & 12:30 pm



Details to be posted soon

Resident Spotlight



Kathleen Horton

Kathleen was born in New Jersey but spent the majority of her life in New York. She had a career as a librarian in the New York public school system and met and married her husband, John, a teacher. After he passed,, she moved to California to be closer to friends and family. She enjoys the California lifestyle but says she will always be a city girl. When Kathleen came to Vista Gardens, she took on the huge task of organizing our Ronald Reagan Library! We are eternally grateful to her for her hard work and passion!

Monthly Support

*Caring for a loved one can be isolating and overwhelming
but you are not alone...*

ALZHEIMER'S SAN DIEGO SUPPORT AND DISCUSSION GROUP

Facilitated by Sandy Braff, MFT

Every Thursday
from 1:30 - 3:30 pm

Build relationships Learn from others

Develop new coping strategies

Find comfort and strength

Compassionate safe environment

Monthly educational speaker

Vista Gardens

1863 Devon Place Vista, CA 92084 760-295-3900

www.vistagardensmemorycare.com

Management Team

Dr. Jacqueline DuPont
Gerontologist, Executive Director

Evelyn Delgado
Administrator

Joe Balbas
Licensee, Board Member

Rachel McIntyre
Memory Care Director

Stephanie Morgan
Director of Sales & Marketing

Mara Carney
Activity Director

Dee Warner
Culinary Director

Easter Sialoi
Staff Development Manager

Leah Shakarjian
Community Liaison

Matthew Shakarjian
Environmental Services Director

Vista Gardens
MEMORY CARE COMMUNITY

1863 Devon Place, Vista, CA 92084
Phone (760) 295-3900 Fax (760)-330-9645
RFCE # 374603152

Editor: Mara Carney

Happy April Birthday!

Happy Birthday!

Residents

4/1 Barbara W.
4/5 Patricia "Jane" M.
4/9 Bobbie T.
4/15 Diane W.



Staff

4/3 Ray S.
4/27 Elba E.
4/28 Maria O.

March Employee of the Month

Employee of the Month

April 2018

Sarah Osborn

Housekeeping



Sarah was chosen by our team for her work ethic and positive attitude. She is a native Californian; born in Oceanside, attended school in Carlsbad and currently lives in Vista with her roommates. She hopes to continue her education and pursue a career in the field of interior design or decor.

Way to Go!

Welcome New Residents & Families



To our Vista Gardens Family!

Michael B.
Shirley C.
Lena H.
Julia R.
Linda S.

We are so glad to meet you!

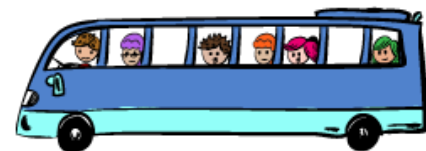
Out & About




Wednesday, April 4th
Leatherneck Museum

Wednesday, April 11th
Picnic in the Park

Wednesday, April 18th
Gliderport, La Jolla

Wednesday, April 25th
Mystery Drive



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 Easter Sunday 10:00 Worship w/Calvary Oceanside CC Family Easter Brunch 11:30 & 12:30 Easter Egg Hunt 1:30 2:30 Ice Cream Cart 3:00 Lobby Piano 5:30 Movie Night Pb	2 Beauty Salon Open 9:15 Breakfast Club L / Beauty CC 10:30 Sit & Stretch L / Music CC 1:00 Card Games w/Heather L Baking Cookies CC 2:00 Color Therapy CC / UNO L 3:00 Candy Bingo L / Garden Walk 5:30 Games & Music w/Pauli	3 9:15 Breakfast Club L / Bingo CC 10:30 Morning Stretch L 11:15 HL Veteran's Club Lunch CC 1:00 Scenic Drive B / Cookies CC 2:00 Art Class CC / Table Games L 3:00 Travel Video Pb / Garden Walk 5:30 Movie Night / Puzzle LR	4 9:15 Breakfast Club L / Manicures CC 10:30 Stretch L / JW Bible Study Pb 1:00 Outing: Leatherneck Museum B Baking Cookies CC 2:00 UNO L / Matinee Pb 3:00 Candy Bingo L / Garden Walk 5:30 Games w/Heather L	5 Beauty Salon Open 9:15 Breakfast Club L Catholic Communion Ch 10:30 AM Stretch / Manicures CC 1:00 Cookie Crew CC / Movie Pb 2:00 Bananagrams L / Paint & Craft CC 3:00 Lobby Piano LR / Garden Walk 6:00 Game Night LR	6 9:15 Breakfast Club L / Volleyballroom CC 10:30 Morning Stretch L / Puzzles CC 12:30 Garden Walk / Patio 1:00 Baking Cookies CC Travel Video Pb 2:00 Friday Songfest w/ Musicstation LR 3:00 Lobby Bingo / Comedy Video Pb 5:30 Games & Music w/Pauli L	7 9:15 Breakfast Club L / Puzzles CC 10:00 Exercise L / Manicures CC 12:30 Patio Music / Walking Club 1:00 Library Games / Puzzles LR 3:00 Trivia L / Lobby Piano 5:30 Fireside Games LR	
8 9:15 Breakfast Club / Exercise Pb 10:00 Worship w/Calvary Oceanside CC 1:00 Cook's Corner CC Library Games 2:30 Ice Cream Cart 3:00 Lobby Piano / Garden Walk Pb 5:30 Movie Night Pb	9 Beauty Salon Open 9:15 Breakfast Club L / Beauty CC 10:30 Sit & Stretch L / Music CC 1:00 Card Games w/Heather L Baking Cookies CC 2:00 Color Therapy CC / UNO L 3:00 Candy Bingo L / Garden Walk 5:30 Games & Music w/Pauli L	10 9:15 Breakfast Club L / Bingo CC 10:30 Morning Stretch L / 11:15 GL Veteran's Club Lunch CC 1:00 Scenic Drive B / Cookies CC 2:00 Art Class CC / Table Games L 3:00 Travel Video Pb / Garden Walk 5:30 Movie Night / Puzzle LR	11 9:15 Breakfast Club L / Manicures CC 10:30 Stretch L / JW Bible Study Pb 11:30 Picnic in the Park B 1:00 Baking Cookies CC / Matinee Pb 2:00 Indoor Gardening CC 3:00 Candy Bingo L / Garden Walk 5:30 Games w/Heather L	12 Beauty Salon Open 9:15 Breakfast Club L Communion Ch 10:30 AM Stretch / Music & Games CC 12:30 Resident Council Meeting LR 1:00 Cookie Crew CC / Movie Pb 2:00 Bananagrams L / Paint & Craft CC 3:00 Lobby Piano LR / Garden Walk 6:00 Games Night LR	13 9:15 Breakfast Club L / Volleyballroom CC 10:15 Art Class with Denise CC / Movie Pb 1:00 Baking Cookies / Movie Pb 2:00 UNO Card Game L / Travel Video Pb 3:00 Friday Songfest w/ Celeste LR 5:30 Games & Music w/Pauli L	14 9:15 Breakfast Club L / Puzzles CC 10:00 Exercise L / Manicures CC 1:15 Saturday Baseball Games Pb Card Games L 3:00 Trivia L / Lobby Piano 5:30 Fireside Games LR <i>Set Clocks Ahead 1 hr. at Bedtime</i>	
15 9:15 Breakfast Club / Exercise Pb 10:00 Worship w/Calvary Oceanside 1:00 Cook's Corner CC Puzzles & Games L 2:30 Ice Cream Cart 3:00 Lobby Piano / Garden Walk Pb 5:30 Movie Night Pb	16 Beauty Salon Open 9:15 Breakfast Club L / Beauty CC 10:30 Sit & Stretch L / Music CC 1:00 Cards & Games L Baking Cookies CC 2:00 Color Therapy CC / UNO L 3:00 Candy Bingo L / Garden Walk 5:30 Games & Music w/Pauli L	17 9:15 Breakfast Club L / Bingo CC 10:30 Morning Stretch L 11:15 HL Veteran's Club Lunch CC 1:00 Scenic Drive B / Cookies CC 2:00 Table Games L / Irish Craft CC 3:00 Garden Walk / Travel Video Pb 5:30 Movie Night Pb	18 9:15 Breakfast Club L / Manicures CC 10:00 "Our April History" CC 1:00 Cookie Crew L I Love Lucy Pb Outing: Gliderport 2:00 UNO L / Matinee Pb 3:00 Candy Bingo L / Garden Walk 5:30 Movie Night	19 Beauty Salon Open 9:15 Breakfast Club L Communion Ch 10:00 Baking Cookies CC 1:00 Fireside Stories L / Movie Pb 2:00 Fireside Bingo / Puzzles CS 3:00 Lobby Piano LR / Garden Walk 6:00 Game Night LR	20 9:15 Breakfast Club L / Volleyballroom CC 10:30 Morning Stretch L / Puzzles G 12:30 Bananagrams L / Baking Cookies 1:30 Friday Songfest w/Tammy 2:30 Root Beer Floats LR 3:00 Candy Bingo L / Comedy Video Pb 5:30 Games & Music w/Pauli L	21 9:15 Breakfast Club L / Puzzles CC 10:00 Exercise L / Manicures CC 1:15 Movie Pb Card Games L 3:00 Lobby Piano / Saturday Bingo L 5:30 Fireside Games LR	
22 9:15 Breakfast Club / Exercise Pb 10:00 Worship w/Calvary Oceanside CC 1:00 Cook's Corner CC Library Games L 2:30 Ice Cream Cart 3:00 Lobby Piano / Garden Walk Pb 5:30 Movie Night Pb	23 Beauty Salon Open 9:15 Breakfast Club L / Beauty CC 10:30 Sit & Stretch L / Music CC 1:00 Card Games L Baking Cookies CC 2:00 Color Therapy CC / UNO L 3:00 Candy Bingo L / Garden Walk 5:30 Games & Music w/Pauli L	24 9:15 Breakfast Club L / Bingo CC 10:30 Morning Stretch L 11:15 GL Veteran's Club Lunch CC 1:00 Scenic Drive B Cookies CC 2:00 Card Games L / Art Class CC 3:00 Garden Walk / Travel Video Pb 5:30 Movie Night Pb	25 9:15 Breakfast Club/ L Manicures CC 10:30 Stretch L / JW Bible Study Pb 1:00 Mystery Drive B Baking Cookies CC 2:00 UNO L / Matinee Pb 3:00 Candy Bingo L / Garden Walk 5:30 Movie Night	26 Beauty Salon Open 9:15 Breakfast Club L Catholic Communion Ch 10:30 AM Stretch / Manicures CC 1:00 Cookie Crew CC / Movie P 2:00 Monopoly L / Paint & Craft CC 3:00 Lobby Piano LR / Garden Walk 6:00 Game Night LR	27 9:15 Breakfast Club L / Volleyballroom C 10:30 Morning Stretch L / Puzzles G 1:00 Cards & Games w/ Rose L Baking Cookies CC 2:00 Bob Hope USO Video Pb 3:00 Friday Songfest w/ Robert P. 5:30 Games & Music w/Pauli L	28 9:15 Breakfast Club L / Puzzles CC 10:00 Exercise L / Manicures CC 1:15 Hula Ministry LR 2:00 Saturday Trivia L / Puzzles LR 3:00 Saturday Bingo L Lobby Piano L 5:30 Fireside Games LR /	
29 9:15 Breakfast Club / Exercise Pb 10:00 Worship w/Calvary Oceanside CC 1:00 Cook's Corner CC Puzzles & Games L 2:30 Ice Cream Cart 3:00 Lobby Piano / Garden Walk Pb 5:30 Movie Night Pb	30 Beauty Salon Open 9:15 Breakfast Club L / Beauty CC 10:30 Sit & Stretch L / Music CC 1:00 Cards & Games w/Heather L Baking Cookies CC 2:00 Color Therapy CC / UNO L 3:00 Candy Bingo L / Garden Walk 5:30 Games & Music w/Pauli L						
					Location Key CC – Community Center Ch – Chapel CS –Country Store DR - Dining Room G – Outdoor Gardens L – Library LR- Living Room P – Patio Pb – Pub	April Birthdays Residents: 4/1 Barbara W. 4/5 Patricia "Jane" M. 4/9 Bobbie T. 4/15 Diane W. Staff: 4/3 Ray S. 4/27 Elba E. 4/28 Maria O.	

Changes to the Program Calendar *may occur* and will be announced as soon as possible. Snacks are accessible throughout the day. A variety of independent leisure pursuits are available daily. Outdoor walks are encouraged daily and outdoor access is always available.