

A Message from Jacqueline DuPont

Dear Friends and Family,

Thank you so much for visiting us on Mother's Day! A special thank you to Dee, Mara, Stephanie, Leah and our entire team for their hard work and dedication to our special events. Our new dining room furniture is almost here! The new arrival date is June 25, 2018. We are really excited to have new dining room chairs for the entire facility and new tables, as well, for the garden level.

We are approaching some warm weather. Please change your loved one's clothes in their closet to have plenty of cool and light clothing for the summer. It is a good idea to take home heavy jackets or wool sweaters because of the summer weather.

We are recruiting volunteers for this summer. Please let Mara or myself know if you have a friend or family member who would like to volunteer. We have spots open in the following areas: activities, walks, cookie baking, games, greeters, candy cart, assistance with the 4th of July party and other events.

Please feel free to visit us during our Veterans' luncheons. They are scheduled every Tuesday at 11:30 in our Community Center and family is always welcome. Please let Mara, Theresa or Zuri know if you'd like to join us.

Our garden is growing fast! Feel free to take your loved one to harvest or you may harvest too. Take anything you like!

All of us owners want to personally thank you for placing your loved one at Vista Gardens. It is an honor to serve them!

Best,
Jacqueline Dupont Carlson

Family Night

Please join us in our
Dining Room on
Tuesday, June 26th
At 4:00 pm

for
**A Taste of the
Orient**



Enjoy a stir-fry
demonstration by our
Culinary Director, Dee

Guest charge: \$8
Please RSVP to 760-295-3900
by Sat. June 23rd

Favorite Photos



Resident Spotlight



Nick Newhard

Nick was born and raised in the Pittsburgh suburbs of Pennsylvania. He served in the US Army in Germany manning radio and teletype. He enjoyed a career as a High School Social Studies and government teacher for 32 years in New York and also served as the mayor of Newark, N.Y. for 4 years.

Nick is a social resident at Vista Gardens. He enjoys entertaining our staff and others with Donald Duck impressions and other funny sounds. He is a proud veteran and enjoys our Tuesday Veterans Lunch with his wife and other Vista Gardens veterans. Thank you, Nick, for your service and your friendship!

Fathers Day Fun

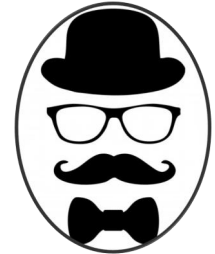
Please join us for a **Father's Day Moustache Bash** **Sunday, June 10th**

Seatings at 11:30 & 12:30

Guest fee: \$10

Please RSVP by
Tuesday, June 5th
760-295-3900

Musical Entertainment by
Susan Rainwater



Ice Cream Sundae Bar
hosted by Advantage Hospice
2 pm in the Lobby

Monthly Support

*Caring for a loved one can be isolating and overwhelming
but you are not alone...*

ALZHEIMER'S SAN DIEGO SUPPORT AND DISCUSSION GROUP

Facilitated by Sandy Braff, MFT

**Every Thursday
from 1:30 - 3:30 pm**

*Build relationships Learn from others
Develop new coping strategies
Find comfort and strength
Compassionate safe environment
Monthly educational speaker*

Vista Gardens

1863 Devon Place Vista, CA 92084 760-295-3900

www.vistagardensmemorycare.com

Management Team

Dr. Jacqueline DuPont
Gerontologist, Executive Director

Evelyn Delgado
Administrator

Joe Balbas
Licensee, Board Member

Rachel McIntyre
Memory Care Director

Stephanie Morgan
Director of Sales & Marketing

Mara Carney
Activity Director

Dee Warner
Culinary Director

Easter Sialoi
Staff Development Manager

Leah Wallis
Community Liaison

Matthew Shakarjian
Environmental Services Director

Vista Gardens
MEMORY CARE COMMUNITY

1863 Devon Place, Vista, CA 92084
Phone (760) 295-3900 Fax (760)-330-9645
RFCE # 374603152

Editor: Mara Carney

Happy June Birthday!

Happy Birthday!

Residents

6/1 Sandra C. 6/4 Shirley C.
6/6 Howard G. & Linda S. 6/10 Tony R.
6/11 Larry B. & Marian M. 6/16 Dieter L.
6/18 Emma R. 6/20 Silver M.
6/27 Audrey W. & Delores H. 6/29 Mary S.



Staff

6/4 Evelyn D. 6/5 Colette H. & Tiffany B.
6/10 Heather R. 6/16 Tukuza M.
6/19 Emily I. & Raymond G.
6/22 Brandon B. 6/28 Mireya T.

Time Change



Rosary Group
Mondays, 2:30 pm
in the chapel

Welcome New Residents!

Welcome

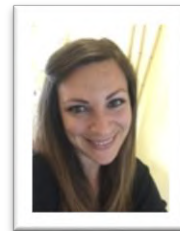
To our Vista Gardens Family!

Elaine B.
Richard G.
Jean Van L.
Donna R.
Bill R.

We are so glad to meet you!

June Employee of the Month

Congratulations!
Leah Wallis



Community Liaison

Leah is an integral part of our Marketing team. She is the positive, bubbly team member that our families meet when they visit Vista Gardens for the first time. She lives in Vista with her husband, Geoff, and 3 adorable Pugs. Leah is a huge fan of anything Disney. She loves to decorate, and she has been an invaluable asset when we are planning and setting up our monthly events. Thank you, Leah, for all that you do and give to our residents and families!

Out & About




Tuesday, June 5th
Sea World Outing

Thursday, June 14th
Senior Community Picnic
Rancho Bernardo Park

Wednesday, June 20th
Ice Cream Outing

Tuesday, June 26th
Carrillo Ranch



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p><u>Resident Birthdays</u> 6/1 Sandra C. 6/4 Shirley C. 6/6 Howard G. & Linda S. 6/10 Tony R. 6/11 Larry B. & Marian M. 6/16 Dieter L. 6/18 Emma R. 6/20 Silver M. 6/27 Audrey W. & Delores H. 6/29 Mary S.</p> <p><u>Staff Birthdays</u> 6/4 Evelyn D. 6/5 Colette H. & Tiffany B. 6/10 Heather R. 6/16 Tukuza M. 6/19 Emily I. & Raymond G. 6/22 Brandon B. 6/28 Mireya T.</p>	<p><u>Location Key</u> CC – Community Center Ch – Chapel CS –Country Store DR - Dining Room G – Outdoor Gardens L – Library LR- Living Room P – Patio Pb – Pub</p>	<p>1 9:15 Breakfast Club L / Volleyball CC 10:30 Morning Stretch L / Puzzles CC 12:30 Garden Walk / Bananagrams 1:00 Baking Cookies CC Travel Video Pb 2:00 Friday Songfest w/ Musicstation LR 3:00 Lobby Bingo / Comedy Video Pb 5:30 Games & Music w/Pauli L</p>	<p>2 9:15 Breakfast Club L 10:00 Exercise L / Music CC 12:30 Patio Music / Walking Club 1:00 Library Games / Puzzles LR 3:00 Bingo L / Lobby Piano 5:30 Fireside Games LR</p>
<p>3 9:15 Sunday Social CC 10:00 Worship w/Calvary Oceanside CC 1:00 Cook's Corner CC Library Games L 2:30 Ice Cream Cart 3:00 Lobby Piano / Patio Chat P 5:30 Movie Night Pb</p>	<p>4 Beauty Salon Open 9:15 Breakfast Club L/Puzzles CC 10:30 Sit & Stretch L / Music CC 1:00 Cookie Crew CC 2:00 UNO L 2:30 Rosary Group Ch 3:00 Bingo CC / 6:00 Games & Music w/Pauli L</p>	<p>5 9:15 Breakfast Club L 10:00 Sea World Outing 11:15 GL Veteran's Club Lunch CC 1:00 Matinee Pb 2:00 Card Games L 3:00 Volleyball L / Garden Walk 5:30 Movie Night / Puzzle LR</p>	<p>6 9:15 Breakfast Club L / Manicures CC 10:30 Stretch L / JW Bible Study Pb 1:00 Scenic Drive B 1:00 Baking Cookies CC / Matinee Pb 2:00 Music w/ Trio of Friends LR 3:00 Candy Bingo CC / Garden Walk 5:30 Movie Night Pb</p>	<p>7 Beauty Salon Open 9:15 Breakfast Club L Communion Ch 10:30 AM Stretch / Music & Games CC 12:30 Resident Council Meeting LR 1:00 Candy Cart CC / Movie Pb 2:00 Fireside Trivia LR 2:30 Guitar Music by Jeff Bristol LR 6:30 Games Night LR</p>	<p>8 9:15 Breakfast Club L / Volleyball CC 10:30 Morning Stretch L / Puzzles G / 1:00 Movie Pb Library Card Games 2:00 UNO Card Game L / Travel Video Pb 2:30 Ice Cream Cone Cart L 5:30 Games & Music w/Pauli L</p>	<p>9 9:15 Breakfast Club L 10:00 Exercise L / Music CC 1:15 Matinee Pb 2:00 Saturday Trivia L / Puzzles LR 3:00 Saturday Bingo L Lobby Piano L 5:30 Fireside Games LR</p>
<p>10 9:15 Sunday Social CC 10:00 Worship w/Calvary Oceanside Father's Day Moustache Bash 11:30 & 12:30 Music by Rosemarie Cox 2:00 Ice Cream Sundae Bar LR 3:00 Lobby Piano / Patio Chat P</p>	<p>11 Beauty Salon Open 9:15 Breakfast Club L/Puzzles CC 10:30 Sit & Stretch L / Music CC 1:00 Cookie Crew CC 2:00 UNO L 2:30 Rosary Group Ch 3:00 Bingo CC / 6:00 Games & Music w/Pauli L</p>	<p>12 9:15 Breakfast Club L 9:30 Morning Stretch Pb 11:15 HL Veteran's Club Lunch CC 1:00 Scenic Drive B 2:00 Table Games L 3:00 Bean Bag L / Travel Video Pb 5:30 Movie Night Pb</p>	<p>13 9:15 Breakfast Club L 10:30 Stretch L / JW Bible Study Pb 1:00 Matinee Pb 1:00 Scenic Drive GL B Cookies CC 2:00 UNO L / Color Therapy CC 3:00 Candy Bingo CC / Garden Walk 5:30 Movie Night Pb</p>	<p>14 Beauty Salon Open 9:15 Breakfast Club L Communion Ch 9:30 Senior Picnic at Rancho Bernardo Community Park 1:00 Movie Pb 2:00 Fireside Trivia LR 3:00 Lobby Piano LR 6:30 Game Night LR</p>	<p>15 9:15 Breakfast Club L / Volleyball CC 10:30 Morning Stretch L / Puzzles G 12:30 Garden Walk / Bananagrams L 3:00 Friday Songfest w/ Tammy 3:00 Candy Bingo L / Travelogue Pb 5:30 Games & Music w/Pauli L</p>	<p>16 9:15 Breakfast Club L 10:00 Exercise L / Music CC 1:15 Hula Ministry LR Card Games L 3:00 Lobby Piano / Saturday Bingo L 5:30 Fireside Games LR</p>
<p>17 Father's Day 9:15 Sunday Social CC 10:00 Worship w/Calvary Oceanside CC 1:00 Cook's Corner CC Library Games L 2:30 Ice Cream Cart 3:00 Lobby Piano / Patio Chat P 5:30 Movie Night Pb</p>	<p>18 Beauty Salon Open 9:15 Breakfast Club L/Puzzles CC 10:30 Sit & Stretch L / Music CC 1:00 Cookie Crew CC 2:00 UNO L 2:30 Rosary Group Ch 3:00 Bingo CC / 5:30 Games & Music w/Pauli L</p>	<p>19 9:15 Breakfast Club L 9:30 Morning Stretch Pb 11:15 GL Veteran's Club Lunch CC 1:00 Scenic Drive B Cookies CC 2:00 Card Games L 3:00 Ring Toss L / Travel Video Pb 5:30 Movie Night Pb</p>	<p>20 9:15 Breakfast Club/ L Manicures CC 10:00 "Our June History" CC 1:00 Ice Cream Outing Baking Cookies CC 2:00 UNO L / Matinee Pb 3:00 Candy Bingo CC / Garden Walk 5:30 Movie Night Pb</p>	<p>21 Beauty Salon Open First Day of Summer 9:15 Breakfast Club L Communion Ch 10:30 AM Stretch / Manicures CC 1:00 Candy Cart / Movie 2:00 Fireside Trivia LR 3:00 Lobby Piano / Documentary Pb 6:30 Game Night LR</p>	<p>22 9:15 Breakfast Club L / Volleyball C 10:30 Morning Stretch L / Puzzles G 1:00 Cards & Games w/ Rose L 2:00 Bob Hope USO Video Pb Root Beer Floats LR CC 2:30 Friday Songfest w/ Rosemarie 5:30 Games & Music w/Pauli L</p>	<p>23 9:15 Breakfast Club L 10:00 Exercise L / Music CC 1:15 Matinee Pb 2:00 Saturday Trivia L / Puzzles LR 3:00 Saturday Bingo L Lobby Piano L 5:30 Fireside Games LR</p>
<p>24 9:15 Sunday Social CC 10:00 Worship w/Calvary Oceanside CC 1:00 Cook's Corner CC Puzzles & Games L 2:30 Ice Cream Cart 3:00 Lobby Piano / Patio Chat P 5:30 Movie Night Pb</p>	<p>25 9:15 Breakfast Club L/ Puzzles CC 10:30 Sit & Stretch L / Music CC 1:00 Cookie Crew CC 2:00 UNO L 2:30 Rosary Group Ch 3:00 Bingo CC / 6:00 Games & Music w/Pauli L</p>	<p>26 9:15 Breakfast Club L 9:30 Morning Stretch Pb 11:15 HL Veteran's Club Lunch CC 1:00 Outing: Bates Nut Farm B Baking Cookies CC 2:00 Table Games L / Craft CC 4:00 A Taste of the Orient DR</p>	<p>27 9:15 Breakfast Club/ L Manicures CC 10:30 Stretch L / JW Bible Study Pb 11:30 Scenic Drive B Cookies CC 2:00 UNO L / Matinee Pb 3:00 Candy Bingo CC / Garden Walk 5:30 Movie Night Pb</p>	<p>28 Beauty Salon Open 9:15 Breakfast Club L Catholic Communion Ch 10:30 AM Stretch / Manicures CC 1:00 Candy Cart / Movie 2:00 Fireside Games / Crafts CC 3:00 Lobby Piano / Comedy Video L 6:30 Game Night LR</p>	<p>29 9:15 Breakfast Club L / Volleyball C 10:30 Morning Stretch L / Puzzles G 1:00 Cards & Games w/ Rose L 2:00 Bob Hope USO Video Pb Root Beer Floats LR CC 2:30 Friday Songfest w/ Cowboy Jack 5:30 Games & Music w/Pauli</p>	<p>30 9:15 Breakfast Club L 10:00 Exercise L / Music CC 1:15 Matinee Pb 2:00 Saturday Trivia L / Puzzles LR 3:00 Saturday Bingo L Lobby Piano L 5:30 Fireside Games LR</p>

Changes to the Program Calendar *may occur* and will be announced as soon as possible. Snacks are accessible throughout the day. A variety of independent leisure pursuits are available daily. Outdoor walks are encouraged daily and outdoor access is always available.